



Creating a Care Continuum: Integrating Child and Youth Mental Health, Primary Health Care and Community Services

Best Western Lamplighter Inn & Conference Centre, London, ON

Friday, April 29, 2016

8:30 am - 4:00 pm

This program was supported in part by an educational grant from the following:

Otsuka Canada Pharmaceutical Inc.

Purdue Pharma

Upon completion of the Child and Adolescent Psychiatry Annual Conference, participants will be able to:

- 1) Define the critical components of a community based integrated child and youth mental health system.
- 2) Appreciate the hospital as a component of an integrated child and youth mental health system.
- 3) Recognize strategies in promoting a continuum of care across mental health and non-mental health systems.
- 4) Become familiar with innovative educational approaches to improve knowledge and skills of primary care providers in rural and remote communities in managing child and youth mental health.
- 5) Apply strategies learnt in the RBC diversity project to work with incoming refugees from war-torn countries.
- 6) Develop knowledge of evidenced-based strategies adapted for the community setting to address emotional dysregulation, impulsivity and life-threatening behaviors.
- 7) Utilize a collaborative model to link Hospital based (ER) and Community based (C-IT) crisis intervention services.

Time	Event	Room	Learning Objectives
7:45 - 8:30 a.m.	Registration & Continental Breakfast	Hallway	
8:30 - 8:40 a.m.	Welcome & Housekeeping	Regency BC	
8:40 - 9:55 a.m.	Plenary: Dr. Sandra Fisman, FRCPC "Joining the dots: building an integrated child and youth mental health system"	Regency BC	<ul style="list-style-type: none"> Become familiar with principles and philosophy of whole health care approach. Understand the significance of Primary, secondary and tertiary care integration in youth mental health. Define the critical components of community based integrated child and youth mental health system. Recognize strategies in promoting continuum of care across mental health and non-mental health systems.
9:55 - 10:15 a.m.	Discussion & Q/A		
10:15 - 10:30 a.m.	Break	Atrium	
10:30 - 12:00 p.m.	Workshops Session # 1		

	Dr. Stacey Espinet, PhD “Physician Training in Child and Adolescent Psychiatry (PT-CAP): Building knowledge and skills of primary care providers through education”	Chelsea 1	<ul style="list-style-type: none"> Brief overview of the “Physician Training in Child and Adolescent Psychiatry (PT-CAP) project”. Using PT-CAP data, discuss the needs, as identified by PCPs, for education to address C/Y mental health needs in their practices. Encourage workshop participants to identify their needs for education in C/Y mental health. Using case examples from PT/CAP experience AND / OR cases identified by Workshop participants, elaborate on how PT-CAP is using a "common factors" approach to addressing ADHD and mood and anxiety disorders) Encourage workshop participants to apply common factors to their own cases Provide a road map for PCPs about how to approach and participate in PT-CAP.
	Dr. Lloy Wylie, PhD, Heather Harder, MSc. OT & Rita VanMeyel, MSW “Mental Health Services for Immigrants and Refugees: Strategies Learnt in the RBC Diversity Project to Work With Incoming Refugees From War-torn Countries”	Chelsea 2	<ul style="list-style-type: none"> Recognize current needs of the immigrant and refugee mental health. Briefly review RBC Diversity Project to work with incoming refugees from war-torn countries. Recognize culturally appropriate service delivery and practice strategies applicable in primary care settings to address refugee and immigrant mental health issues particularly in children and youths.
	Julie Jeanson, RN “Successes and Challenges in Integrating Dialectical Behavioural Therapy in a Community setting for Complex Adolescents at Risk for Life-Threatening and Self-Harming Behaviours	Regency BC	<ul style="list-style-type: none"> Understand the therapeutic model of comprehensive Dialectical Behavioural Therapy to treat emotion dysregulation in adolescents. Identify how to structure DBT treatment targets and implement treatment for multi-problem adolescents at high risk for life-threatening and self-harming behaviours. Become familiar with the recent initiative, funded by Children’s Health Foundation, to integrate Dialectical Behaviour Therapy to the community partners in South West Region. Recognize strategies and considerations to help manage potential barriers and challenges in the integration of DBT programming in a community setting.
	Dr. Javeed Sukhera, FRCPC “Utilising a collaborative model to link Hospital based (ER) and Community based (C-IT) crisis intervention services”	Regency A	<ul style="list-style-type: none"> Review data on emergency presentations for children and youth Describe the LHSC - CIT community/emergency pathway Discuss lessons learned from our pilot on community-emergency collaboration in youth mental health
12:00 - 1:00 p.m.	Lunch	Atrium	
1:00 - 2:30 p.m.	Workshops session # 2- Speakers and Titles same as Session #1		
2:30 - 2:45 p.m.	Break	Atrium	
2:45 - 3:30 p.m.	Keynote: Dr. Karima Velji, RN, PhD “Integrated Youth Mental Health: Role of Organizational Leadership”	Regency BC	<ul style="list-style-type: none"> Brief review the innovative models of care fostering patient-centered outcomes. Role of health care leadership in implementation of integrated youth mental health care. Current initiatives / opportunities to develop integrative youth mental health system of care.
3:30 - 3:45 p.m.	Discussion & Q/A		
3:45 – 4:00 p.m.	Closing / Evaluations	Regency BC	

The University of Western Ontario’s Department of Psychiatry is approved by the Canadian Psychological Association to offer continuing education for psychologists. The University of Western Ontario’s Department of Psychiatry maintains responsibility for the program.

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University, for up to (6) Mainpro-M1 credits.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of The Royal College of Physicians and Surgeons of Canada and approved by Continuing Professional Development, Schulich School of Medicine & Dentistry, Western University (6 hours).

Each participant should claim only those hours of credit that he/she actually spent participating in the educational program.